

# ASSESSMENT & TREATMENT OF NON-SUICIDAL SELF-INJURIOUS BEHAVIOR

March 26, 2009 ♦ Coffeyville Regional Medical Center, Coffeyville, Kansas

Registration Form

Name \_\_\_\_\_  
Professional Title \_\_\_\_\_ Professional License # \_\_\_\_\_  
Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Daytime Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

**Please check:**  Employee of Coffeyville Regional Medical Center  Not employee of Coffeyville Regional Medical Center

**Cost:** \$20.00 (payable to Coffeyville Regional Medical Center). No charge for employees of Coffeyville Regional Medical Center.

**To Register:** Mail to Dana Forth, Coffeyville Regional Medical Center, 1400 W. 4th, Coffeyville, KS 67337; or phone (620) 252-1513  
**by March 19, 2009.**

If you will need special accommodations or additional information, please check here or call (620) 252-1513



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COFFEYVILLE REGIONAL MEDICAL CENTER  
ANNUAL PSYCHIATRY SYMPOSIUM

## ASSESSMENT & TREATMENT OF NON-SUICIDAL SELF-INJURIOUS BEHAVIOR

8:00 a.m. to 12:30 p.m.



**Thursday,  
March 26, 2009**



Coffeyville Regional Medical Center  
4th Floor Conference Room  
1400 West 4th Street  
Coffeyville, KS



**Presented by:**

Coffeyville Regional Medical Center  
and  
University of Kansas Medical Center  
Office of Continuing Medical Education  
and Area Health Education Center East



## ◆ COURSE OVERVIEW

Self-Injury rates have been rapidly increasing among young people. There are a variety of cultural and social factors that are influencing this rise in rates. Myths abound about self-injurious behaviors which continue to perpetuate stigma and misperceptions about it. Learn factual information based on current research. Enhance your ability to work effectively with self-injurious clients by increasing your understanding of how your own personal reaction to this behavior impacts your work with this population.

## ◆ SPEAKER

**Karyn B. Perry, PhD** is owner and president of Midwest Psychological Consultants. She earned a doctorate degree in clinical psychology from the University of South Carolina and is a licensed psychologist in the states of Kansas and Missouri. She served as the Director of Psychology for an inpatient psychiatric facility in Kansas City, KS for over three years before establishing her private practice. She also has experience in other psychiatric hospitals, a juvenile justice facility, and outpatient psychological clinics. She has taught undergraduate and graduate courses on an adjunct basis at Avila University, Penn Valley Community College, Midlands Technical College, and University of South Carolina. Dr. Perry founded the SITE program in order to address the growing problem of self injury.

## ◆ OBJECTIVES

At the conclusion of this conference, participants will be able to:

1. Discuss the cultural and societal factors that are influencing a rise in self-injury.
2. Identify and describe the different types of self-injury.
3. Describe the various functions of self-injury.
4. Recognize common myths about self-injury and be able to counter the myths with factual information.
5. Describe the most recent assessment and treatment strategies for self-injurious behavior, including effective use of the internet.

## ◆ PROGRAM AGENDA

7:30 a.m.	Registration and Breakfast
8:00 a.m.	Welcome & Introductions <b>Lauren Lee, MD</b> , Chief of Service Psychiatry, Coffeyville Regional Medical Center  Speaker: <b>Karyn B. Perry, PhD</b> , Midwest Psychological Consultants, Overland Park, KS
	<ul style="list-style-type: none"><li>• <i>Why is Self-Injury on the Rise Among Youth?</i></li><li>• <i>Types and Functions of Self-Injury</i></li><li>• <i>Myths and Personal Responses to Youth who Self-Injure</i></li><li>• <i>Assessment &amp; Treatment of Self-Injury</i></li></ul>
12:20 p.m.	Wrap up and evaluations

## ◆ TARGET AUDIENCE

Physicians, Nurse Practitioners, Nurses, Licensed Family Counselors, Licensed Substance Abuse Counselors and Licensed Abuse Counselors, Crisis Intervention Specialists, Criminal Justice Specialists and Juvenile Justice Specialists, Educators, Case Managers, and Clergy

## ◆ PLANNING COMMITTEE

- **Lauren Lee, MD**, Chief of Service Psychiatry, CRMC
- **Don Froebe, LBSW**, Social Worker, CRMC
- **Rhonda Craven, RN**, Director of Behavioral Health, CRMC
- **Barbara Long, RN**, CRMC
- **Ann Murrow, RN**, Care Manager, CRMC
- **Dana Forth, BS**, HR Coordinator, CRMC
- **Brian Lawrence**; Director of Marketing, CRMC
- **Terri Schmitz, RN, BSN**, Senior Coordinator, KUMC AHEC
- **MeLinda Lair, BA**; Senior Coordinator, KUMC AHEC

## ◆ CONTINUING EDUCATION

**Physicians:** This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the KU Medical Center Office of Continuing Medical Education and Coffeyville Regional Medical Center. The KU Medical Center Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

The KU Medical Center Office of Continuing Medical Education designates this educational activity for a maximum of 4 *AMA PRA Category 1 Credits(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Nurses:** Coffeyville Regional Medical Center is an approved provider of continuing education by the Kansas State Board of Nursing. KSBN Provider Number LT0099-0316

**Mental Health Professionals:** A certificate of attendance will be issued and may subsequently be submitted by attendees to receive BSRB credit.

**Addiction & Prevention Professionals:** Application has been made to the Kansas Association of Addiction Professionals for 4.0 hours of continuing education.

All other attendees will receive a certificate of attendance.

## ◆ PROGRAM ACCESSIBILITY

The sponsors are committed to providing programs and activities to all persons, regardless of race, religion, color, sex, disability, national origin, ancestry, sexual orientation, marital or parental status and, to the extent covered by law, age or veteran status.